on request. A prayer room is also available and a multifaith garden can be found off the main hospital corridor.

Please ask for the separate Chaplaincy information leaflet for further details.

**Special requests**
Any special requests, including visits by pets, please speak to the nurse in charge.

**Free Wi-Fi**
Free Wi-Fi is available. Please see posters for more details.

**Smoking**
It is illegal to smoke in the hospital and smoking is **not** allowed anywhere on the hospital site.

**Fire precautions**
In the event of a fire please stay calm and follow the instructions of the staff. Fire alarms are tested at regular intervals.
We realise that you may want to be at the hospital as much as possible at this difficult time. We would encourage you to take care of your own health and wellbeing whilst visiting. Remember to bring in your own medication if needed. We hope you find the information in this leaflet useful.

**Car parking**
All visitor car parks are pay and display. Unauthorised parking will result in a parking fine. If you are visiting for long periods of time you can purchase a lower cost weekly ticket. Ask ward staff for a form for a parking permit.

**Accommodation**
If you wish to stay with your relative or friend overnight please discuss this with the nursing staff. There are limited overnight stay facilities available. Alternatively, if you are visiting from out of the area, call the Tourist Information Centre on 01473 258070 to find temporary accommodation or visit their website at www.ipswich.gov.uk/touristinfo

**Restaurants, cafés and shops**
The main hospital restaurant, Just Eat at The Courtyard, is open Monday to Friday 7.30 am – 4.30 pm. There are vending machines available outside these times.

In Outpatients Reception, WH Smith is open Monday to Friday 8 am – 5.30 pm. Delimarché – Costa café is open Monday to Thursday 8 am – 5 pm, Friday 8 am – 4 pm.

In South Reception, WH Smith (which has a cash machine), is open Monday to Friday 7 am – 8 pm, Saturday 9 am – 7 pm, and Sunday 9 am – 6 pm. Costa café is open Monday to Friday 7.30 am – 8 pm, and Saturday to Sunday 9 am – 6 pm. Stock Shop (ladies clothing) is open 9.30 am – 5.30 pm Monday to Friday and 1 pm – 5.30 pm on Saturday.

**Toilet facilities**
Please **do not** use the toilets on the wards. There is are visitors’ toilets at the entrance to wards and some at the main hospital entrances.

**Visiting times**
There should be no restriction on visiting at this time. We would also encourage children to visit but please discuss this with the nurse in charge.

**Hospital chaplain and faith support**
Chaplains provide spiritual and pastoral support for the family, friends and carers of patients throughout Ipswich Hospital as well as staff employed by the Trust. Chaplains aim to provide an inclusive service for people of all faiths and of no faith, recognising each person as an individual and respecting their values, age, gender, disability, culture and sexual orientation.

The hospital chapel is situated in the North Zone and is open day and night for quiet contemplation. Service times are available